



### Jump In, Activity 1b) PAGE 7

#### How are you smart?

1. Look at each intelligence type listed in the left-hand column. (To find a brief description of each type, look at the diagram and legend on page 6 of *Learn Smart*.)
2. When you see an intelligence type that describes you, check it off (far-right column).
3. Now describe how you are smart in that way. Example: You feel you are Music Smart. You check it off. Under the "Me" column, you write, "I know when someone's off-key."

Intelligence	Me	✓
Music Smart		
Body Smart		
People Smart		
Self Smart		
Picture Smart		
Word Smart		
Logic Smart		
Nature Smart		
Deep Smart		